

Laborers Health and Welfare Trust Fund for Northern California
220 Campus Lane
Fairfield, CA 94534-1498
1 (707) 864-2800 or 1 (800) 244-4530
www.norcalaborers.org

IMPORTANT ANNOUNCEMENT

DATE: May 20, 2009

TO: All Active, Special Plan for Active Employees and Retired Plan Participants
Enrolled in the Direct Payment Plan

RE: Benefit Improvement – Routine Physical Examination Benefit

Effective **March 1, 2009**, the Routine Physical Examination Benefit has been increased:

- Active and Special Plan for Active Employees:
 - Employee or Spouse – Increase from \$200 to \$300 per Plan Year.
 - Dependent Children older than 24 months – Increase from \$100 to \$200 per Plan Year.

- Retired Employees:
 - Retiree or Spouse – Increase from \$200 to \$300 per Plan Year.

We are pleased to be able to increase this benefit at this time and encourage you to use this benefit each Plan Year.

Sincerely,

Board of Trustees

Please Place this Notice in your Health and Welfare Plan Booklet:
Active Health and Welfare Plan – Insert #4
Special Plan for Active Employees – Insert #4
Retired Health and Welfare Plan Insert #3