



**LABORERS HEALTH AND WELFARE TRUST FUND FOR NORTHERN CALIFORNIA  
SPECIAL PLAN V PARTICIPANTS AND THEIR ELIGIBLE DEPENDENTS  
EFFECTIVE JANUARY 1, 2008**

**COMPARISON OF  
BENEFIT PLANS**

PLAN FEATURES	DIRECT PAYMENT PLAN	KAISER PERMANENTE
When You Can Change Plans	You are free to change plans twice in a calendar year. You and your eligible dependents may not split coverage – that is, you may not enroll in the Direct Payment Plan and your dependents enroll in Kaiser Permanente. To change medical plans, request an Active Plans Application Form from the Fund Office or your Local Union or go to our website, <a href="http://www.norcalaborers.org">www.norcalaborers.org</a> , to print or order the form on-line.	
Type of Plan	Direct Payment Plan provides traditional, fee-for-service medical benefits. Direct Payment Plan offers benefits at lower costs when you use the Prudent Buyer Plan Network.	Care is provided through physicians or medical staff at a Kaiser Permanente facility located in the member's service area.
Geographical Area Covered	United States, its territories and possessions. Services outside United States may be covered if due to emergency.	You may enroll in Kaiser Permanente if you live or work within Kaiser Service Area.
Choice of Physicians	Unlimited. Use of Prudent Buyer Plan physicians results in lower out-of-pocket expenses.	Members must use a Kaiser Permanente Physician.
Specialized Care In-Network  Specialized Care Outside Network	You select any specialist.  You select any specialist.	Self-referral to specialists such as allergy, dermatology, psychiatry, and OB/Gyn. Your Kaiser Permanente physician refers you to other specialists. Covered in full if a Kaiser Permanente Physician refers you to outside specialist.
Out-Of-Area Care	Out of network benefits apply to treatment anywhere in the United States, its territories and possessions.	\$100 copayment for worldwide emergency coverage for unforeseen illness or injury. Waived if admitted.
Claim Forms	None.	Required for emergency care from non-Kaiser Permanente providers.
<b>MAJOR MEDICAL BENEFITS</b>		
Plan Deductible	Prudent Buyer Plan providers - \$1,250 per individual, maximum of \$3,750 per family per Plan Year.  Non-Prudent Buyer Plan providers - \$3,000 per individual per Plan Year. No family maximum.  Major Medical Plan Deductible does not apply to Physical Exams, Substance Abuse Care provided by Claremont Behavioral and Prescription Drug benefits.  Deductible amount applied in December, January and February will be carried forward to following Plan Year.	\$500 per individual, maximum of \$1,000 per family per Calendar Year.
Plan Maximum	\$1,000,000 per individual. All expenses below under Major Medical Benefits are subject to the \$1,000,000 Plan Maximum.	None. Some restrictions apply.

PLAN FEATURES	DIRECT PAYMENT PLAN	KAISER PERMANENTE
Plan Year Out-of-Pocket Expense Maximum	<p>Prudent Buyer Plan - \$11,250 per individual per Plan Year. \$11,250 Plan Year Out-of-Pocket Maximum comprised of Plan Year Deductible and co-insurance.</p> <p>Non-Prudent Buyer Plan – no maximum. Participant is responsible for Plan Deductible, 40% of Schedule of Allowances plus any amounts that exceed the Schedule of Allowances.</p>	\$3,000 per individual up to \$6,000 per family per Calendar Year.
<b>Inpatient Hospital Medical/Surgery</b>  Mental Health  Skilled Nursing Facility  Alcohol and Substance Abuse  Utilization Review	<p>Prudent Buyer Plan - 80% of negotiated rates for medically necessary hospital services.</p> <p>Non-Prudent Buyer Plan - 60% of covered charges for medically necessary hospital services.</p> <p>Same as Medical/Surgery above.</p> <p>Same as Medical/Surgery above.</p> <p><b>MUST BE PROVIDED BY CLAREMONT BEHAVIORAL SERVICES.</b></p> <p><b>ADULT:</b>  1st Treatment: 100% of contracted rate, 30 days max.  2nd Treatment: 50% of contracted rate, 30 days max.  <b>ADOLESCENT:</b> 1 Treatment: 100% of contracted rate, 45 days max.  \$10,000 Lifetime per adult; \$12,500 Lifetime per adolescent</p> <p>Automatic part of Plan procedures when admitted to a participating hospital. Required for ALL hospital or extended care admissions. 20% penalty of 1st \$10,000 payable charges for non-compliance.</p>	<p>80% payable after deductible for all covered benefits and services at Kaiser Permanente medical facilities.</p> <p>80% payable after deductible for up to 30 days per benefit period.</p> <p>80% payable after deductible up to 100 days per Calendar Year.</p> <p>80% payable after deductible for detoxification only. (Rehabilitation is not covered).</p> <p>Transitional Residential Recovery Services – \$100 copayment per admission after deductible up to 60 days per Calendar Year not to exceed 120 days in any 5-year period.</p> <p>Automatic part of Plan procedures.</p>
Outpatient Hospital Care	Prudent Buyer Plan - 80% of negotiated rates. Non-Prudent Buyer Plan – 60% of covered charges.	80% payable after deductible for most outpatient services.
Emergency Room Hospital	Prudent Buyer Plan - 80% of negotiated rate after \$100 copayment. Non-Prudent Buyer Plan - 60% of covered charges after \$100 copayment. Copayment waived under certain circumstances.	80% payable after deductible. Waived if admitted.
Ambulatory Surgical Facility	Prudent Buyer Plan facility - 80% of negotiated rate. Non-Prudent Buyer Plan facility - 60% of covered charges.	80% payable after deductible at a Kaiser Permanente medical facility.
Home Health Care	80% of negotiated rate. Must be pre-authorized by Blue Cross of California.	100% payable up to 100 2-hour visits per Calendar Year when authorized by Plan physician for part-time, intermittent care.
Hospice Care	80% of negotiated rate. Must be pre-authorized by Blue Cross of California.	100% payable when selected as alternative to traditional services and authorized by a Plan physician.

PLAN FEATURES	DIRECT PAYMENT PLAN	KAISER PERMANENTE
Physician Office Visit	Prudent Buyer Plan Physician - 100% of negotiated rate after \$25 copayment per visit. Non-Prudent Buyer Plan Physician - 60% of UC&R. Copayment does not apply to Physical Exam, Well Baby, Chiropractic Care or outpatient Mental Health visits.	\$20 copayment per visit – no deductible.
Surgery Physician Fee	Prudent Buyer Plan Physician - 80% of negotiated rate. Non-Prudent Buyer Plan Physician - 60% of UC&R.	Inpatient - 100% payable. Outpatient - \$20 copayment per visit – no deductible.
Diagnostic Lab Tests, X-Ray, MRI, CT Scan	Prudent Buyer Plan facility - 80% of negotiated rate. Non-Prudent Buyer Plan facility - 60% of UC&R.	\$10 copayment per encounter after deductible for most x-rays & lab. MRI, CT Scan and PET Scan - \$50 copayment.
Physical Exam/ Well Baby	Participant or Spouse - \$200 maximum per Plan Year. Child older than age 2 - \$100 maximum per Plan Year. Well Baby charges for dependent children up to age 2 are payable as routine office visit and not subject to \$100 maximum per Plan Year.	Adult - \$20 copayment per visit – no deductible. Child up to 23 months - \$10 copayment per visit – no deductible.
Immunizations and Inoculations (Shots)	Prudent Buyer Plan provider - 80% of negotiated rate. Non-Prudent Buyer Plan provider - 60% of UC&R.	100% payable.
Outpatient Mental Health Services	Maximum of 40 visits per Plan Year. Prudent Buyer Plan provider - 50% of negotiated rate. Non-Prudent Buyer Plan provider – 50% of UC&R.	Individual Therapy - \$20 copayment per visit – no deductible. Group Therapy - \$10 copayment per visit – no deductible. Limited to 20 visits per Calendar Year. Unlimited for AB88 conditions.
Outpatient Alcohol and Substance Abuse Treatment	MUST BE PROVIDED BY CLAREMONT BEHAVIORAL SERVICES. Visits 1 - 10: 100% of contracted rate; Visits 11 - 25: 85% Visits 26 - 40: 70%; Visits 41 - 50: 50%	Individual Therapy - \$20 copayment per visit – no deductible. Group Therapy - \$5 copayment per visit – no deductible.
Chiropractic Benefits	\$40 per visit up to 20 visits, \$100 maximum for x-rays per Plan Year.	\$5 copayment per visit, 20 visits per Calendar Year.
Physical Therapy Occupational Therapy	Prudent Buyer Plan provider - 80% of negotiated rate. Non-Prudent Buyer Plan provider - 60% of UC&R.	\$20 copayment per visit after deductible.
Hearing Aids/Device	Not covered.	Hearing aids/device not covered. \$20 copayment for hearing test only – no deductible.
Ambulance	Prudent Buyer Plan provider - 80% of negotiated rate. Non-Prudent Buyer Plan provider - 60% of UC&R. Exception: If life threatening condition, payable at 80% of UC&R. Air ambulance may be covered if due to a life threatening condition.	\$150 copayment per trip after deductible when medically necessary and authorized by a Kaiser Permanente Physician.
Durable Medical Equipment	Prudent Buyer Plan provider - 80% of negotiated rate. Non-Prudent Buyer Plan provider - 60% of UC&R.	80% payable when prescribed by a Plan physician and in accordance with Health Plan DME formulary guidelines. No deductible.
<b>OTHER BENEFITS</b>		
Death, Accidental Death and Dismemberment Benefits	Benefits will be provided whether you enroll in Direct Payment Plan or Kaiser Plan. <b>Employee Death:</b> \$15,000 plus additional \$15,000 if death is a result of an accident. Employee Injury/Dismemberment - \$7,500 to \$15,000 depending upon part or parts of body.  <b>Dependent Spouse Death:</b> \$7,500. <b>Dependent Child Death:</b> \$500 for age 24 hours but less than 2 years of age; \$750 for age 2 years but less than 5 years of age; \$1,000 for age 5 years but less than 19 years of age.	

PLAN FEATURES	DIRECT PAYMENT PLAN	KAISER PERMANENTE
Vision Care	<p>Vision Service Plan (VSP) "Value Plan" benefits provided through Fund. Refer to Group #00860000, Division 14, Class 7.  <b>(Note: Certain employers are not contributing for vision coverage. Call the Fund Office to check if your employer is making contribution.)</b></p> <p>Payable every 24 months for exam, lenses and frames. \$20 deductible for exam and \$25 deductible for lenses and frames.</p>	<p>In addition to VSP benefits provided through Fund (see Direct Payment Plan), Kaiser provides benefit for an eye exam only. You pay \$20 copayment per exam – no deductible.</p>
Prescription Drugs	<p>Prescription Solutions benefits provided through Fund.</p> <p><u>Retail</u> - \$15 copayment for Generic drugs; \$35 copayment for Formulary Brand Name drugs; \$70 copayment for Non-Formulary drugs; 30 day supply.</p> <p><u>Mail Order</u> – \$30 copayment for Generic drugs; \$70 copayment for Formulary Brand Name drugs; \$140 copayment for Non-Formulary drugs; 90 day supply.</p> <p>Mail Order is mandatory for maintenance drugs (long term for chronic illness) after 3 refills at Retail level.</p> <p>Retail and Mail Order – Subject to \$250 Plan Year deductible per individual.</p>	<p>Generic - \$10 copayment per prescription for up to a 100 day supply (30-day supply limit for certain drugs) – no deductible.</p> <p>Brand Name - \$30 copayment per prescription for up to a 100 day supply (30-day supply limit for certain drugs). Subject to \$100 deductible per Calendar Year.</p> <p>Prescriptions written by non-Kaiser physicians are not covered.</p>
Dental Care	<p>Benefits provided through Fund whether you enroll in Direct Payment Plan or Kaiser Plan. Fund offers four optional Dental Plans - see attached Dental Plans Comparison. <b>(Note: Certain employers are not contributing for dental coverage. Call the Fund Office to check if your employer is making contribution.)</b></p> <ol style="list-style-type: none"> <li>1. Delta Dental Plan of California. Refer to Group #2211-0006.</li> <li>2. DeltaCare PMI. Refer to Group #00742-0003.</li> <li>3. Bright Now! Dental. Refer to Group #NCLU 03.</li> <li>4. Pacific Union Dental. Refer to Group #95488.</li> </ol>	
Toll-Free Numbers	1-800-244-4530	1-800-464-4000 Refer to Group 600389. 1-800-788-0616 (Spanish)

**This comparison of benefits is intended only as a summary of the benefits provided by each plan. All exclusions and limitations of benefit coverage have not been included and may vary slightly from each to plan. The contents of this comparison are not to be construed or accepted as a substitute for the provisions of the Fund's Rules and Regulations or Kaiser's contract.**

<sup>1</sup>Preferred Provider Plan (Prudent Buyer Plan) Service Area extends to all 46 Northern California Counties.



**LABORERS HEALTH AND WELFARE TRUST FUND  
COMPARISON OF DENTAL PLANS EFFECTIVE JANUARY 1, 2008**

Plan Features	Delta Dental of California		Bright Now!	Pacific Union Dental	DeltaCare PMI
	Delta Dental Premier	Delta Dental PPO			
<b>Type of Plan</b>	<b>Traditional FEE-FOR-SERVICE Plan.</b> Dental procedures paid according to a Table of Allowances. You pay the difference between the allowance and the dentist's fees.	<b>PPO Plan.</b> Dentists in the Delta Dental PPO plan negotiate fees that are even lower than the Delta Dental Premier plan. Dental procedures paid according to a Table of Allowances. You pay the difference between dentist's fees and allowance.	<b>Pre-paid HMO type Plan.</b> You select a Bright Now! dentist who provides all services including referrals to Specialists.	<b>Pre-paid HMO type Plan.</b> You select a Pacific Union dentist who provides all services including referrals to Specialists.	<b>Pre-paid HMO type Plan.</b> You select a PMI dentist who provides all services including referrals to Specialists.
<b>Area Covered</b>	More than 9,000 Northern California Delta Dental Premier dentists.	For list of PPO dentists in your area, call Delta Dental at 1-800-765-6003. (Network is limited).	Roseville, Modesto, Fresno, Visalia, Oakland, Daly City, Fremont, Martinez, Salinas, San Jose, Pinole, Belmont, Rohnert Park, Clovis, Sacramento. Call 1-888-274-4486 for office locations.	Dental Offices throughout Northern California. Call 1-800-999-3367 for a Pacific Union dentist in your area.	Dental Offices throughout Northern California. Call 1-800-422-4234 for a PMI dentist in your area.
<b>Choice of Dentists</b>	Any dentist, however, you pay less out-of-pocket costs when you use a Delta Dental Premier dentist because fees are pre-negotiated and dentist cannot charge more than the pre-negotiated amount.	Visit a Delta Dental PPO dentist for lower out-of-pocket costs. You are free to use any dentist though you pay lower out-of-pocket costs when you use a Delta Dental Premier dentist and even lower costs when you use a Delta Dental PPO dentist.	Bright Now! dentist only. All services and referrals must be provided by a Bright Now! dentist. <b>No benefits will be paid if dental services are performed by other than a Bright Now! dentist.</b>	Pacific Union dentist only. All services and referrals must be provided by a Pacific Union dentist. <b>No benefits will be paid if dental services are performed by other than a Pacific Union dentist.</b>	PMI dentist only. All services and referrals must be provided by a PMI dentist. <b>No benefits will be paid if dental services are performed by other than a PMI dentist.</b>
<b>Plan Year Deductible</b>	\$100 per person \$300 per family	\$100 per person \$300 per family	None	None	None
<b>Plan Year Maximum</b>	\$1,500 per person	\$1,500 per person	\$2,500 per person	No maximum	No maximum
<b>Out of Pocket Costs</b>	Dental procedures paid according to a Table of Allowance. You pay the difference between dentist's fees and allowance.	Dental procedures paid according to a Table of Allowance. You pay the difference between dentist's fees and allowance.	Minimal copayments	Minimal copayments	Minimal copayments
<b>Orthodontic Benefits</b>	\$1,500 lifetime maximum for dependent children only.	\$1,500 lifetime maximum for dependent children only.	Start up fee of \$350. 00. Member's copayment up to \$2,045.00. Coverage for member, spouse and children.	Start up fee of \$350. 00. Member's copayment up to \$2,250.00. Coverage for member, spouse and children starting at age 10.	Start up fee of \$350.00. Coverage for adults is up to \$1,800.00 and children is up to \$1,600.00.